

Resources for Helping Younger and Older Adolescents Cope with Disaster (English & Spanish)

Here are a few resource links to assist you in helping adolescents

Supporting Children and Youth Following a Disaster

<https://extension.arizona.edu/sites/extension.arizona.edu/files/pubs/az1341d.pdf>

Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event

http://rems.ed.gov/docs/SAMHSA_TipsTalkingChildrenYouthTraumaticEvents.pdf

Parent Tips for Helping Adolescents after Disasters

(English)

http://www.nctsn.org/sites/default/files/pfa/english/appendix_e7_tips_for_parents_with_adolescents.pdf

(Spanish)

http://www.nctsn.org/sites/default/files/pfa/spanish/apendice_e7_adolescentes.pdf

Tips for Helping Students Recovering from Traumatic Events

<https://www2.ed.gov/parents/academic/help/recovering/recovering.pdf>

Coping with Disaster

<https://www.ready.gov/coping-with-disaster>

Colorin Colorado! Helping Children After a Natural Disaster (Bilingual Site with a Houston Focus for Harvey)

<http://www.colorincolorado.org/article/helping-children-after-natural-disaster>