

Blessing in Times of Trouble



Psalm 121

I lift my eyes toward the mountains;
whence shall help come to me?
My help is from the LORD,
who made heaven and earth.



May he not suffer your foot to slip;
may he slumber not who guards you:
Indeed he neither slumbers nor sleeps,
the guardian of Israel.



The LORD is your guardian; the LORD is your shade;
he is beside you at your right hand.
The sun shall not harm you by day,
nor the moon by night.

The LORD will guard you from all evil;
he will guard your life.
The LORD will guard your coming and your going,
both now and forever.



Leader:
Most holy and most merciful God,
strength of the weak,
rest of the weary,
comfort of the sorrowful,
savior of the sinful,
our refuge in every time of need:
grant us strength and protect us;
support us in all dangers,
and carry us through trials.
Grant this through Christ our Lord.



All: Amen.



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