



Gabriel Project

Manual & Parish Resources

Table of Contents

Part I – Organizing Your Parish Gabriel Project..... 4

- Mission Statement 4
- Getting Started..... 4
- Recruiting Gabriel Project Volunteers 5
- Gabriel Intake Procedures 6
- Working with Other Parish Ministries 8
- Additional Resources for Baby Items..... 8
- Important Safety Considerations 9
- Archdiocesan Contacts 10

Part II–Resources for Mothers in Need 11

- Housing & Shelters..... 11
- Additional Assistance – Catholic 12
- Medical Services 15
- Counseling Resources 16
- Substance Abuse Services & Counseling..... 17
- Additional Services 18
- Adoption, Domestic Violence, Legal, Education, Job Training, & Government Assistance 18
- Abortion Procedures & Post-Abortion Healing 21
- Reporting Abuse, Neglect or Human Trafficking 23

Part III – FAQs to Discuss with Your Gabriel Team 25

- What if a mother comes to the parish Gabriel Project as a “walk-in”? 25
- If a mom contacts the Gabriel Project very early in her pregnancy, can we still help? 25
- If a mom contacts the Gabriel Project after pregnancy, can we still help? 25
- What if the mother contacting us wants to have an abortion?..... 26
- What if mom is being pressured to abort?..... 26
- What if mom is experiencing homelessness/has no place to stay? 27
- What if a mom doesn’t want to have a relationship with her Angel? 27
- How do I handle questions about adoption?..... 27
- How should we handle suspicions of abuse, neglect or trafficking?..... 28

Part IV – Forms & Other Helpful Documents..... 29

- Gabriel Telephone Intake Form 30
- Safety Disclaimer 32
- Advertising Resources 33
- Hosting a Parish Baby Shower 33
- History of The Gabriel Project 34

Index 35

Part I – Organizing Your Parish Gabriel Project

Mission Statement

The Gabriel Project is a pro-life, parish-based apostolate of the Archdiocese of Galveston-Houston offering assistance to women in need of support and accompaniment during pregnancy and after the birth of their child. Gabriel Project volunteers act to provide practical advice and help as well as spiritual and emotional accompaniment and Christian witness to mothers in need.

Getting Started

The Archdiocese of Galveston-Houston coordinates the Gabriel Project through the Office of Pro-Life Activities. If you are interested in starting a Gabriel Project chapter in your parish, please contact the Pro-Life Activities Office at 713.741.8728 for more information.

Steps to getting started:

1. **Obtain Pastor Approval.** Consulting with your Pastor is the first step when starting a Gabriel Project chapter in your parish. An important consideration to discuss is the place of the Gabriel Project in the parish budget. The Office of Pro-Life Activities is available to assist interested Pastors, volunteers and parish staff in evaluating the volunteer needs and time commitments for a Gabriel parish ministry.
2. **Find Interested Volunteers.** Depending on the size of the parish and needs of the surrounding community, the number of volunteers will vary. We recommend starting with a Parish Coordinator, a Donations Coordinator, and at least two Gabriel Angels. Your parish may wish to add volunteers as the program grows.
3. **Obtain Resources for Mothers.** Material items for young infants will be needed before you begin assisting moms in need. Inform your parish that a Gabriel Project is starting and consider hosting a Kick-Off Baby Shower to obtain a good supply of needed items prior to opening your doors to expectant mothers. Ideas for hosting a parish Baby Shower can be found on the page [Hosting a Parish Baby Shower](#).
4. **Advertise.** You may want to obtain a sign to be posted on the parish grounds to let the public know assistance for pregnant moms is available. These signs can be ordered from one of our local companies (see [Advertising Resources](#)). Additional advertising materials (brochures and social media images) are available through the Office of Pro-Life Activities.
5. **Community Outreach.** You may wish to appoint an Outreach Coordinator to act as liaison with other parish ministries and to advertise the ministry outside the parish community. Possible outreach locations include community health centers, public libraries, and high school or college campuses.

Recruiting Gabriel Project Volunteers

As individuals ministering to mothers and children in need, we recommend that those volunteering with the Gabriel Project:

- Be Catholics in good standing;
- Be members of the parish in which they will volunteer;
- Have a strong prayer life;
- Be familiar with and accepting of Church teaching on marriage, family, contraception, and Catholic Social Teaching.

The roles of the parish Gabriel Project Coordinator and Gabriel Angels are outlined as follows:

The Gabriel Coordinator's duties include:

- Receive referrals from Gabriel phone line and online intake form;
- Match each referred mother to an Angel in a timely manner;
- Advise team members of meetings and trainings at the parish and Archdiocesan levels;
- Communicate with the Pastor and parish office;
- Work with Donation Coordinator to ensure adequate resources for mothers being assisted;
- Work with Outreach Coordinator to ensure Gabriel program is being advertised in community, on social media and in the parish.
- Connect and collaborate with other parish ministries;
- Communicate regularly with Angels concerning mothers they are assisting;
- Communicate with the Archdiocesan Pro-Life Office in the event of concerns or special needs regarding a mother;
- Ensure all Gabriel Angels are current in [Safe Environment training](#) (formerly VIRTUS);
- Attend quarterly meetings for all Archdiocesan Gabriel Coordinators (other Gabriel team members are also welcome to attend these meetings).

The Gabriel Angel's duties include:

- Respond to her assigned mother promptly (within 24 hours)
- Check up on her mother regularly via telephone, text and in-person meetings
- Keep the mother in daily prayer
- Assist the mother to access parish and community services
- Communicate with the parish Gabriel Coordinator about mothers being assisted, including any problems or concerns that may arise.
- Maintain the confidentiality of the mother(s) assigned to her

The Donation Coordinator’s duties include:

- Maintaining and keeping stock of baby items/donations.
- Organizing parish baby showers, diaper drives, etc. when baby items are needed;
- Working with the Gabriel Coordinator and the Outreach Coordinator to place donation requests in the parish bulletin, website and social media;
- Ensuring large items (car seats, cribs, baby swings, etc.) are in good condition and have not been subject to recall.

The Outreach Coordinator’s duties include:

- Connecting with the parish bulletin and website Coordinator to advertise the Gabriel Project to the parish;
- Assisting the Gabriel Project Coordinator to reach out to other parish ministries for collaboration and support;
- Reaching out to and developing relationships with organizations near the parish where women in need may seek assistance (e.g. community health centers, food pantries, libraries, high schools and colleges).

SAFE ENVIRONMENT TRAINING

Your Gabriel Team may be called on to assist a pregnant minor; a mother may also have other minor children in her care. Your volunteers must be Safe Environment (formerly VIRTUS) certified before meeting with or assisting these individuals. Please see the Archdiocesan website at <https://www.archgh.org/offices-ministries/office-of-child-and-youth-protection/safe-environment-training-for-adults/> for more information or to register for an online training or certification renewal.

Gabriel Intake Procedures

There are 3 primary ways a mother may reach out to the Gabriel Project:

- 1) **Gabriel Telephone line.** This line is staffed by volunteers who will take information about the mother and contact the Gabriel Coordinator of the parish nearest the mother’s home.
- 2) **Gabriel Online Intake form.** Mothers fill out a brief online form, at <https://archgh.swoogo.com/GPinfo> , which is received by the Office of Pro-Life Activities. The Office will determine the closest parish to the mother’s residence and provide the mother’s intake information to the parish Gabriel Coordinator.
- 3) Occasionally, a parish will receive a **“walk-in” referral.** A mother may come directly to the parish office seeking assistance or be referred from another parish ministry (e.g. a food pantry or social service ministry). In this case, the coordinator should advise the Office of Pro-Life

Activities and the Archdiocesan Gabriel Coordinator (Cathy McConn) that they are assisting a particular mother so accurate numbers can be maintained.

Referral to Gabriel Parish:

- Once this initial intake is completed, the parish Gabriel Coordinator will be provided with the mother's contact and other relevant information.
- The Gabriel Coordinator should review the intake form and assign a Gabriel Angel for the new mother. Some Gabriel Coordinators may wish to schedule an initial meeting with a mother first or attend the first meeting between a mom and her assigned Angel.

Assignment and Follow-up

- *It is up to the assigned Angel (or the parish Coordinator, in appropriate circumstances) to make the initial contact with the mother and arrange a first meeting.*
- Some mothers will ask for initial contact via text message or email. While it is fine to make initial contact in writing, we recommend using phone and in-person communications after the first contact to help further the relationship between the mother and her Angel.
- There are various ways to contact an assigned mother. A team member may use a parish phone line or her personal cell phone. In the event a personal phone is used, we recommend sharing your first name only. You may also keep your calls anonymous by first dialing “*67” and then the mother's number. Your call will appear as a “Blocked” or “Anonymous” number.
- Because some mothers may not wish to answer anonymous calls, another option for Angels is the Google Voice phone app. Google Voice is a free app downloadable on iOS and Android devices. The app assigns an alternate phone number to the user; when using the app, this alternative number appears, rather than your personal cell number. Outside callers can reach your phone by dialing this number. Find more information about the Google Voice app at <https://voice.google.com>.
- *All matters* relating to your mother should be kept confidential. Her name, identifying information and details of her circumstances should not be disclosed to individuals outside your parish Gabriel Project team. On rare occasions, the Gabriel Program Coordinator and/or the Office of Pro-Life Activities may become involved. The only exceptions to confidentiality will involve reporting suspected abuse ([See FAQs](#)).

The Importance of Prayer

- The Gabriel Project is founded on the importance of prayer. If your mom is comfortable, it is a great idea to begin and end your meetings with her in prayer. If space/time permits, you might consider taking her to the Church or chapel at your parish.

- Some women are not comfortable with prayer and would prefer not to pray with their Gabriel Angel. If this is the case, you may ask her if there is something she would like you to pray for privately. It is important that her Gabriel Angel and the entire Gabriel team continue to keep her in daily prayer.
- In addition to praying with and for our moms, we recommend that our team members maintain an active prayer life so as to be open to the promptings of the Holy Spirit as they work with their mothers.

Working with Other Parish Ministries

Involve other parish ministries in the Gabriel Project! Some ideas for collaboration include:

- **Knights of Columbus/Knights of Peter Claver.** If your parish has a Knights chapter, this can be an excellent resource for assistance in fundraising, set-up and take down at Gabriel events or help with transporting baby items donated between one parish and another.
- **Parish Social Ministry/St. Vincent de Paul chapter.** Many times the mothers we work with need more (or different types of) assistance than the Gabriel Project can provide. Depending on a mother's need, you may consider contacting your Parish Social Ministry or St. Vincent de Paul chapter.
- **Women's/Men's/Seniors' groups.** The Gabriel Project is grounded in the importance of prayer. You may consider asking members of these parish groups to pray for a Gabriel mother. If you choose this option, make sure not to provide a name or identifying information of the mother you are helping, in order to maintain confidentiality.
- **Youth/Catechetical groups.** Confirmation Programs or other youth teams can get involved in fundraising and helping to host a Gabriel Project baby shower or other events. Ask them to assist with promotional materials and in prayer.

Additional Resources for Baby Items

1. Some parishes receive more referrals due to needs in their surrounding communities. Other parishes will have more resources to obtain baby items for moms in need. As a parish-based apostolate, parish coordinators are encouraged to share donated items with one another to better assist our families in need.
 - The Office of Pro-Life Activities hosts 4 annual meetings of all parish Gabriel Coordinators within the Archdiocese. These meetings are an opportunity to speak with

Coordinators at neighboring parishes to determine ways you might collaborate in terms of volunteers and resources.

- If resources are unavailable from the parishes in your region, please contact the Office of Pro-Life Activities. We can reach out to the Coordinators at other Gabriel parishes. In most circumstances, we can obtain the needed items in a short period of time.
- 2. The Archdiocese maintains space at the St. Dominic Center, Morkovsky Hall, 2403 Holcombe Blvd., Houston, TX 77021 for storing baby items. If you need to obtain items from storage, please contact Zulema Gonzalez at 713.440.3443 or zgonzalez@archgh.org to arrange a time to pick up needed items.
- 3. In the event you are unable to obtain needed items from either of these resources, contact the Office of Pro-Life Activities. Items may be purchased by the Archdiocese on a limited basis depending on parish need.

IMPORTANT: Many parishes receive donations of gently used items like car seats and cribs. Before providing these items to a mother, a member of the Gabriel team should check the serial number of the item online to ensure it has not been recalled or expired. For car seats, inquire of the donor if the seat has been involved in a motor vehicle accident (if so, it should not be re-donated). We recommend obtaining a signed [Safety Disclaimer Form](#), for any large used items provided by the parish.

Important Safety Considerations

As in any ministry, establishing appropriate boundaries between your team and those we serve is essential. The Office of Pro-Life Activities recommends Gabriel Project volunteers adhere to the following guidelines in order to maintain their safety and that of other parishioners and staff.

- Arrange meetings with your mother at the parish during hours when other parish staff are present. We ask that volunteers avoid making trips to the mother's residence or other locations determined by the mother and unknown to the volunteer.
- It is acceptable and recommended to attend doctor's appointments or social services appointments with your mother. We recommend that you meet your mother at the appointment location and avoid driving her in your own car.
- Take precautions when contacting a mother via your personal cell phone. If you are not using "*67" or an app such as Google Voice, consider identifying yourself using your first name and "Gabriel Project" only.
- Avoid providing a significant amount of personal information in the course of your conversations, such as your home address or your children's names or school information.
- Remember that the Gabriel Project is not an emergency service. At times, you may be unable to return a call or email from your mother for a 24-hour period, or even longer.

Mom should be advised to call emergency services in the case of a life-threatening emergency.

Archdiocesan Contacts

Office of Pro-Life Activities

Julie Fritsch Dumalet
Director
713.741.8728
jkfritsch@archgh.org

Zulema Gonzalez (en español)
Administrative Assistant
713.440.3443
zgonzalez@archgh.org

Archdiocesan Gabriel Project Coordinator

Cathy McConn
713.598.1675
cathymcconn@me.com

St. Dominic Center & Chancery

2403 Holcombe Blvd.
Houston, TX 77021-2098
713.741.8730

Downtown Chancery

713.659.5461
1700 San Jacinto
Houston, TX 77002-8291

Part II—Resources for Mothers in Need

Housing & Shelters

Catholic Housing Programs

[Casa Juan Diego](#)

cjd.org – 713.869.7376

P.O. Box 70113, Houston, TX 77270

Catholic Worker House serving immigrant and refugees. CJD provides shelter for women and children.

[Angela House](#)

angelahouse.org – 281.445.9696

6725 Reed Road, Houston, TX 77087

Angela House offers transitional housing for women released from incarceration.

[Magnificat Houses, Inc.](#)

mhihouston.org – 713.529.4231

3209 Austin St., Houston, TX 77004

MHI has a number of facilities, primarily serving the mentally ill, but will help others in need as well. The following Magnificat locations may be able to assist Gabriel mothers:

Anawim; 5420 Sherman St.; 713.926.2207	Community women’s residence
Duchesne; 5708 Sherman; 713.928.8972	Residence for women
Myriam’s Hostel; 2009 Congress; 281.795.2247	Emergency overnight shelter for women

[Santa Maria Hostel](#)

santamariahostel.org

2605 Parker Rd., Houston, TX 77093 713.691.0900

2005 Jacqueline, Houston, TX 77055 713.228.0125

SMH provides a residential program for women in need of substance abuse treatment. Will accept pregnant or postpartum mothers.

[Wellsprings Village, Inc.](#)

wellspringsvillage.org – 713.529.6559

P.O. Box 311017

Houston, TX 77231

Transitional residence for homeless and/or abused women between the ages of 25-50 who are capable of full-time employment.

Non-Catholic Housing Programs

[Covenant House](#)

covenanthousetx.org – 713.523.2231

1111 Lovett Blvd., Houston, TX 77006

Covenant House provides housing for pregnant women ages 18-20 and their babies.

[Star of Hope](#)

sohmission.org – 713.222.2220

2575 Reed Rd., Houston TX 77051

713.222.2220

Star of Hope offers transitional living for women with children or pregnant women. Assists with substance abuse treatment, education and living skills.

[Life House](#)

lifehousehouston.org – 713.623.2120

P.O. Box 27127, Houston, TX 77227

Life House is a residential facility for pregnant women and babies. Their program focuses on teenagers and women in their early 20s.

[The Bridge Over Troubled Waters, Inc.](#)

tbotw.org – 713.472.0753

3811 Allen-Genoa Rd, Pasadena, TX 77504

BOTW provides emergency shelter and transitional housing options for women and children victims of domestic violence. Assists with counseling and legal services surrounding domestic violence and sexual assault.

[Gracewood](#)

gracewood.org – 713.988.9757

1617 Elmview, Houston, TX 77080-7222

Gracewood is a residential and counseling program for women with at least one child who are capable of working or attending school. Mom cannot be pregnant upon entry, but this program may be an option for women after giving birth.

Additional Assistance – Catholic

[Loving Choice Pregnancy Help Center](#)

loving-choice.org – 832.559.7239

The Loving Choice Pregnancy Help Center offers free pregnancy tests and ultrasounds, classes on pregnancy and parenting skills, and referrals to doctors, government assistance, counselors, and adoption services Located north of Houston, outside the beltway in the Spring area.

[Christus Our Daily Bread Day Shelter](#)

christusfoundation.org - 409.765.6971

2420 Winnie St., Galveston, TX 77550

Provides breakfast and lunch, clothing, hygiene items and mental health and job counseling to Galveston's homeless population.

[St. Vincent de Paul Society](#)

The St. Vincent de Paul Society offers a variety of resources including food, clothing and limited monetary assistance. St. Vincent de Paul Conferences are organized into Districts by geographic location. Upon referral, Vincentians will make home visits with their clients to determine particular needs. The level of assistance that can be offered is largely dependent on the resources and policies of the individual Conference.

Parish Conferences are listed by district on next page.

[St. Vincent de Paul Resale Stores](#)

These stores offer clothing and household items at reduced prices. If a mother is in need of these items, she may be eligible for the Voucher Program through St. Vincent de Paul. If you parish does not have a SVdP Conference, you may wish to refer your mother to the nearest parish with a SVdP Conference for assessment of her needs.

svdphouston.org
6654 Gulf Freeway
Houston, TX 77087
713.862.2605
T-F 9:30am-5pm
Sat. 8:30am-4pm

svdphouston.org/shop
5236 Cedar Street
Bellaire, TX 77401
713.669.9410
Mon. 11:30am-7pm
Tues-Sat 9:30am-5pm

Parishes with St. Vincent de Paul Conferences

District 1:	
Assumption	(713) 447-5784
Our Mother of Mercy	(713) 672-1022
St. Anne de Beaupre	(713) 869-1319
St. Charles Borromeo	(713) 692-6303
St. John Neumann	(281) 405-0432
St. Leo the Great	(281) 706-7635
St. Martha -Kingwood	(281) 358-6636
St. Monica	(281) 447-3212
St Rose of Lima	(832) 320-4181

District 2	
Guardian Angel -Wallis	(979) 478-6532
Holy Family -Missouri City	(281) 499-6246
Holy Rosary -Rosenberg	(281) 342-3089
St. Angela Merici -Missouri City	(281) 710-2002
St. John Fisher -Richmond	(281) 238-0991
St. Mark the Evangelist	(281) 835-6285
St. Michael -Needville	(979) 793-4477
St. Theresa -Sugarland	(281) 242-9149
St. Thomas Aquinas - Sugarland	(281) 240-6721

District 3	
St. Albert	(713) 771-3596
St. Francis de Sales	(713) 861-3646
St. Francis Xavier	(713) 731-2716
St. Mary of the Purification	(713) 524-3772
St. Michael	(713) 621-4370
St. Philip Neri	(713) 731-2741
St. Thomas More	(713) 980-3113
St. Vincent de Paul	(713) 664-5350

District 4	
All Saints	(713) 864-2653
Christ the King	(713) 869-1449
Epiphany of the Lord -Katy	(281) 578-3845
St. Ambrose	(713) 686-3068
St. Bartholomew -Katy	(281) 391-1540
St. Cecilia	(713) 468-1185
St. Elizabeth Ann Seton	(281) 463-4560
St. Jerome	(713) 468-6920

District 5	
Blessed Sacrament	(713) 223-2275
Holy Rosary -Midtown	(713) 529-2156
Sacred Heart -Crosby	(281) 328-1967
St. Andrew -Channelview	(281) 457-2245
St Anne	(713) 526-3276
St. Hyacinth -Deer Park	(281) 479-4298
St. Martin de Porres - Barrett Station	(281) 328-8489
St. Mary -La Porte	(281) 471-2000

District 6	
Sacred Heart -Conroe	(936) 539-1188
St. Anne -Tomball	(281) 255-2894
St. Anthony of Padua -Woodlands	(281) 466-1920
St. Joseph -New Waverly	(936) 344-6104
St. Mary -Plantersville	(936) 894-2362
St. Matthias -Magnolia	(281) 259-7300
Sts. Simon & Jude -Woodlands	(281) 292-6002
St. Thomas the Apostle -Huntsville	(409) 295-8159

District 7	
Holy Family -Galveston	(409) 356-5135
Our Lady of Perpetual Help/St. John the Apostle	(979) 345-2651
Shrine of the True Cross -Dickinson	(281) 337-4112
St. Helen -Pearland	(281) 485-2976
St. Jerome -Clute	(979) 266-7122
St. Mary of the Miraculous Medal -Texas City	(409) 948-8448
St Mary Star of the Sea -Freeport	(979) 233-5271
St. Michael -Lake Jackson	(979) 297-3041
St. Paul the Apostle -Nassau Bay	(281) 333-2509

Medical Services

Insurance Options

Many of our moms may be eligible for healthcare benefits including Medicaid, CHIP (Children’s Health Insurance Program) or other resources.

Pregnant women in Texas who are documented residents are eligible for [Medicaid](#) coverage if they fall below certain income limits, as are their children. Remember to ask if a mother has insurance coverage during her pregnancy and – if she has other children – whether they are covered. If the family income is too great for Medicaid eligibility, or if mom is undocumented, help mom look into eligibility for [CHIP](#) benefits for herself or for other children. Information about eligibility and application processes can be found by visiting yourtexasbenefits.com.

To apply for Medicaid benefits, a mother must have confirmed proof of pregnancy. If your mother does not have written confirmation of pregnancy, free pregnancy tests and proof of pregnancy can be obtained at multiple Pregnancy Help Center locations in the greater Houston area. If your team is unsure of the center nearest you, please contact the pro-life office for a referral.

San Jose Clinic

The San Jose Clinic is a 501(c)(3) organization affiliated with the Archdiocese of Galveston-Houston. The clinic provides a variety of healthcare services for low-income and uninsured individuals, including pediatrics, immunizations and dental care, as well as specialty care and

diagnostic imaging services. The Clinic also has staff able to assist with Medicaid and CHIP applications for eligible patients.

San Jose Clinic has locations in Midtown Houston (713) 228-9411, and in Rosenberg, TX (832) 945-6711. For a full list of services provided, visit www.sanjoseclinic.org.

Harris Health System

Moms unable to register for Medicaid or CHIP may be eligible for services through the Harris Health System. <https://www.harrishealth.org>. Harris Health offers a variety of healthcare services including prenatal care. While care is not free, financial assistance is available for those who qualify.

Gabriel teams can assist moms to determine eligibility for financial assistance by reviewing the information at <https://www.harrishealth.org/access-care-hh/eligibility> or by calling (713) 566-6509. Harris Health has multiple service locations throughout the greater Houston area.

Counseling Resources

Several Catholic and non-profit organizations in the Archdiocese offer counseling services in English and Spanish. Fees are assessed on a sliding scale for these organizations.

Catholic Charities

catholiccharities.org - Family Counseling Intake Line: 713.791.2496

Program Director – Srimaya Gurung, M.S., LPC-S, CCTP

Catholic Charities offers counseling services in multiple locations in the Houston metro area.

Individuals in need of counseling may also reach out by completing the online intake form located on the Catholic Charities of Galveston-Houston website. If mom or a family member is a U.S. military veteran, services are free.

Anchor Point

anchorpoint.us - 832.632.1221

Anchor Point provides a number of services in the Webster/Nassau Bay area including a Pregnancy Help Center, Prenatal Care, Counseling Services and care/schooling for troubled youth and their families.

Gratia Plena Counseling

gratiaplenacounseling.org - 832.532.0129

Gratia Plena offers counseling services in the areas of Sugarland/Stafford, Woodlands, and Clear Lake/Nassau Bay. Some locations can evaluate for medication needs on a limited basis. See their website for a full list of locations.

[Rejoice Counseling Apostolate](#)

rejoicecounseling.com - 844.295.3167

Rejoice Counseling offers parish-based Catholic counseling in locations including Katy, the Woodlands and Spring. See their website for a full list of locations.

[Harris Center/Mobile Crisis Outreach Team](#)

713.970.7000 (press #1 for the Crisis line)

[Suicide Prevention Lifeline](#)

[1.800.273.TALK](#)

[988 Suicide & Crisis Lifeline](#)

The 988 Suicide & Crisis Lifeline is a nationwide (within the United States) suicide prevention network providing 24/7 service which is accessed by dialing 9-8-8. It is available to individuals contemplating suicide or in emotional distress.

Substance Abuse Services & Counseling

[The Council on Recovery](#)

councilonrecovery.org – 713.942.4100

The Houston-based Council on Recovery offers outpatient treatment and counseling for individuals (including minors) needing assistance with drug or alcohol addiction. The Council can assist uninsured individuals with treatment costs through its state funding programs.

[The Right Step](#)

rightsteprehabhouston.com – 844.487.8694

The Right Step offers inpatient treatment and follow-up care for individuals needing drug rehab and detox services. The Right Step accepts payment through Medicaid.

[Alcoholics Anonymous](#)

aahouston.org – 713.686.6300

Alcoholics Anonymous is a 12-step program offering support through group meetings and individual sponsorship. Support groups throughout the Houston area can be found on the website.

[Narcotics Anonymous](#)

hascona.com – 713.661.4200, 888.600.6229 (en espanol)

Houston Area Service Committee of Narcotics Anonymous offers support and group meetings for individuals seeking to recovery from drug abuse and addiction. Support groups in and around Houston can be found through the website.

[Al-Anon/Alateen Programs](#)

houstionalanon.org – 713.683.7227

Al-Anon and Alateen offer group support for individuals affected by the alcohol abuse of a friend or family member. Alateen is specifically for affected teenagers. Find your nearest group on the Houston Al-Anon website.

[Nar-Anon Family Groups](#)

nar-anon.org

Nar-Anon offers support for those affected by a friend or family member’s drug abuse. Local meetings in the Houston area and group leader contact information can be located on the website.

Additional Services

Adoption, Domestic Violence, Legal, Education, Job Training, & Government Assistance

Adoption

[New Life Adoptions](#)

newlifeadopt.com – 281.955.1001

11439 Spring Cypress Road, Bldg C, Tomball, TX 77377

New Life Adoptions is a Christian organization offering information and assistance in working with mothers and families to facilitate open or closed adoptions.

Domestic Violence Resources

[Fort. Bend County Women’s Center](#)

fbwc.org - 281.344.5750

905 3rd Street, Rosenberg, TX 77471

[Bay Area Turning Point](#)

bayareeturningpoint.org

281.286.2525 (Webster)

[Houston Area Women’s Center](#)

hawc.org - 713.528.3625

1010 Waugh Dr. Houston, TX 77019

Domestic Violence Hotline: 713.528.212

[Montgomery County Women’s Center](#)

mcwctx.org

936.441.7273 (The Woodlands)

[Women’s Center of Brazoria County](#)

womenscenterbc.com

281.585.0904 (Angleton)

800.243.5788 (Crisis Line)

[Matagorda County Women’s Crisis Ctr](#)
crisiscnt.com - 800.451.9235 (Bay City)

tbotw.org - 713.472.0753
3811 Allen-Genoa Rd, Pasadena, TX 77504

[Galveston Resources and Crisis Center](#)
rccgc.org - 409.765.7233

[Family Time Foundation](#)
familytimeccc.org - 281.446.2615 (Humble)

[The Bridge Over Troubled Waters, Inc.](#)

Legal Services – Family Law/ Immigration

[Legal Advocacy Project](#)

avda-tx.org - 713.224.9911

Assistance with domestic violence or family law issues for residents of Harris County

[Harris County DA’s Office – Family Criminal Law Division](#)

houstontx.gov/police/fvu/po.htm - 713.755.5888

Assists with filing Protective Orders for victims of domestic violence; crisis intervention counseling for victims of domestic violence

[Houston Volunteer Lawyers](#)

makejusticehappen.org - 713.228.0732

Assists eligible, low-income Harris County residents with family law issues

[Catholic Charities Immigrant Legal Assistance](#)

catholiccharities.org - 713.526.4611

Assists with immigration legal services, such as citizenship application assistance and also helps government-approved refugees become self-sufficient through essential skills.

[YMCA International Services](#)

ymcahouston.org - 713.339.9015

Assists immigrant women interested in applying for residency. Also assists human trafficking victims.

Education Services – General Education Diploma (G.E.D.) And English As A Second Language (ESL)

Many of the mothers we work with may not have completed high school. Obtaining a G.E.D. (the equivalent of a high school diploma) is an essential step for many in becoming self-sufficient and obtaining sustainable employment and a living wage for their families.

In Texas, the G.E.D. exam can be taken in both English and Spanish. There are a variety of courses available to assist students in preparing for the G.E.D. exam. G.E.D. class locations can be found at https://ged.com/study/ged_classes/.

The G.E.D. exam consists of 4 parts, including math, science, social studies and language arts. The subjects may be taken separately, for a fee of \$36.25 each or together, for \$145. Additional information about the exam can be located at the Houston Community College System website, <https://www.hccs.edu/programs/adult-education/txchse/>.

Many of the women we serve, or their families, may be interested in registering for ESL (English as a Second Language) classes or ABE (Adult Basic Education) classes. Information about ESL and ABE classes is available at the following locations:

[Literacy Advance](#)

mamhouston.org/literacyadvance

[Houston Community College System](#)

hccs.edu

[Harris County Department of Education](#)

hcde-texas.org/adult-education

Job Training Resources

Goodwill Industries

If a mother or a member of her family is in need of employment assistance, Goodwill Industries of Houston provides job training and certification programs as well as placement assistance. A list of Goodwill locations is available at goodwillhouston.org. It is a good idea to call before visiting a particular location as some locations serve only specific populations (e.g. military veterans or persons with disabilities).

Workforce Solutions

Workforce Solutions is a Texas-based agency assisting individuals with job search and training and practical skills such as writing resumes and job interviews. The agency has multiple locations in the Houston metro area. For more information, visit www.wrksolutions.com.

Other Social Services: WIC, SNAP & Rent Assistance

Many of our Gabriel moms may be eligible for various forms of assistance, including SNAP (supplemental nutrition assistance program) and WIC (women, infant and children) benefits.

WIC

Provides nutrition education, access to nutritious foods and breastfeeding support and (at some locations) vouchers for fruits and vegetables at farmers' markets.

Eligibility

Pregnant women

Women breastfeeding a baby age 0-12 months

Mother 0 – 6 months after birth of child
Women with children 0-5 years of age
Income below specified levels depending on family size

How to Apply for Benefits

Applications must generally be made *in person*

Contact 1.800.WIC.FORU (1.800.942.3678), M-F 8am – 5pm to locate nearest WIC office or go visit texaswic.org. Mom will need to make an appointment at a clinic of her choice and bring required documents.

SNAP

Provides food subsidies for individuals meeting applicable requirements. To determine eligibility, Mom must apply for benefits and interview in person or over the telephone.

Eligibility is determined according to:

- Texas residency
- Citizenship
- Level of employment
- Current resources and income

For more information about eligibility, or to make an online application for benefits, go to yourtexasbenefits.com

RENTAL ASSISTANCE

[Harris County Community Service Department](#)

csd.harriscountytexas.gov - 713.696.7900

In addition to the St. Vincent de Paul Society, the Harris County Community Service Department can be a resource for a mom in need of help with rent or utilities

PLEASE NOTE

Unless specified, the providers listed in this reference guide are not Catholic. As such, they may refer or recommend certain procedures opposed to Catholic teaching (i.e. contraception, abortion, sterilization or other behaviors) to our clients. There may be circumstances when referral to one of these agencies is appropriate (e.g. your mother is a victim of ongoing domestic violence, needs government assistance for food, has no housing, etc.). Prior to providing such a referral, you may want to discuss Catholic teaching on issues of sexuality and procreation with your mother and offer help and advice about information she may receive.

Abortion Procedures & Post-Abortion Healing

A variety of **abortion procedures** have been available to women in Texas since 1973. In the wake of the *Dobbs* decision overturning *Roe v. Wade*, most abortions will be illegal in the

State, except when deemed necessary to save the life of the mother. Specific laws may change in subsequent legislative sessions. Contraception as abortifacient and Plan B (used before 2 weeks of pregnancy) will remain legal in Texas. Abortion procedures in use in other states include:

1. Medical Abortion (abortion by pill) (1-10 weeks)
2. Surgical Abortion (1 week – birth, depending on state)
3. Selective Reduction Abortion (20+ weeks)

Complications of Surgical Abortion procedures

Immediate complications of a surgical abortion may include:

1. hemorrhage
2. infection
3. perforation of the internal organs, including the bowel, bladder or uterus
4. damage to the cervix
5. incomplete abortion (with need for repeat procedure)
6. in rare cases, death

Risk of complications increases with gestational age.

Complications of Medical Abortion procedures

Medical abortion (in which drugs are used to induce abortion) involves the following risks:

1. hemorrhage
2. incomplete abortion (with necessity of subsequent surgical abortion)
3. infection
4. in rare cases, death

Risk of complications increases with gestational age.

Delayed Complications of Abortion

The incidence of subsequent physical complications following abortion is controversial and hotly contested by the abortion industry. Nonetheless, there is some evidence that the abortion procedure may lead to subsequent health problems including:

1. increased incidence of subsequent stillbirth or miscarriage
2. decreased fertility
3. increased incidence of ectopic pregnancy.
4. depression or anxiety (ranging from mild to severe)
5. PAS (Post-Abortion Syndrome); mental problems, relationship problems, substance abuse, anti-social behaviors

If your parish is working with a mother suffering after abortion, help is available. The Archdiocese offers a variety of retreats, counseling and other support resources through its Project Rachel ministry. Non-denominational support is also available. Please contact the Office of Pro-Life Activities for more information about these resources or visit

<https://archgh.org/prolife>.

Reporting Abuse, Neglect or Human Trafficking

Gabriel Project volunteers may come into contact with minors they suspect are being physically, sexually or otherwise abused or with persons of any age who may be victims of human trafficking. Determining when it is necessary to report suspected abuse can be difficult. Other members of your Gabriel team, your pastor and/or the Office of Pro-Life Activities can be good resources in evaluating when a report should be made. Generally, it is better to err on the side of reporting suspected abuse to the authorities. If you suspect the victim is in immediate danger, do not attempt to engage the potential abuser. Instead, contact 911.

Reporting Suspected Physical Abuse of a Minor

In cases physical abuse of a minor (the mother or her children) is suspected, reports can be made via telephone or online. To submit a report online, you will need to create an account with the Texas Department of Family & Protective Services

Texas Abuse Hotline

1.800.252.5400

Texas Abuse Hotline website

<https://www.txabusehotline.org/Login>

Reporting Suspected Sexual Abuse of a Minor

Under Texas law, if you receive a report that a minor has been sexually abused (even if the victim is no longer a minor when you receive the report), you are legally obligated to report the abuse allegation to the authorities. If you do not receive a verbal report but have suspicions, you may file a report.

Reports of sexual abuse may also be made through the Texas Abuse Hotline phone number or website.

Human Trafficking

Human trafficking can take many forms, most often sex or labor trafficking. In 2021, Gabriel teams worked with several victims of suspected labor trafficking. Recent immigrants are often trafficking targets as are teenagers, who often meet their traffickers online.

The Houston Police Department Vice Division will investigate reports of trafficking and make efforts to remove the victim from the situation. If your parish is not covered by HPD, we recommend contacting your local law enforcement agency to obtain information about reporting suspected human trafficking in your area.

Other resources include:

FBI Houston Field Office

713.693.5000

www.houston.fbi.gov

Harris County District Attorney

713.274.5800

Houston Police Department Vice Division
713.308.8600 or 911

Part III – FAQs to Discuss with Your Gabriel Team

What if a mother comes to the parish Gabriel Project as a “walk-in”?

A mother may come to the parish for assistance without first calling the Gabriel Intake Line or completing the Online Form. She may also be referred from your parish Social Ministry, St. Vincent de Paul conference or other parish organization. Speak with other parish ministries about preferred procedures for Gabriel Project, including information about the services Gabriel Project does (and does not) provide.

If a mother comes to you without calling first, especially where you determine that she lives nearby, it is important to complete an [Intake Form](#) with her. If it appears you are not the closest parish, refer her to the Gabriel telephone line or online intake for assistance, so she does not have to travel farther than necessary to obtain help.

After your Gabriel Team completes the Intake Form, forward this form to the Pro-Life Office or to Cathy McConn, the Archdiocesan Gabriel Project Coordinator. This serves two purposes: first, it allows us to accurately track the number of mothers served in a given year and to estimate the future financial and other resource needs at a diocesan level. Second, we have rarely had mothers who sought assistance from multiple parishes concurrently. Keeping track of mothers served by each parish team helps us avoid this duplication and be better stewards of our donated resources.

If a mom contacts the Gabriel Project very early in her pregnancy, can we still help?

We recommend that baby items not be provided to a mother until later in her pregnancy (around 7-8 months), because a parish may receive another mother who reaches out later in her pregnancy and needs available items sooner.

Nonetheless, there are many other services that we can and should offer to a mom early in her pregnancy. For example, she may need referrals for housing, legal services, food and clothing and/or immigration assistance. The Gabriel Project is also able to provide emotional and spiritual support during this time and many mothers develop positive relationships with their Angels from this type of support.

If a mom contacts the Gabriel Project after pregnancy, can we still help?

If a mom comes to the Gabriel Project with a young infant, our teams will be able to assist her. Moms who come to us with infants 3 months or younger are good candidates for Gabriel Project help. These moms can be supported in a similar way to our pregnant moms (e.g., emotional support, material help, parenting questions, referrals to social service agencies).

If a mom has an older infant when she contacts us, it is appropriate to refer her to another ministry, such as the St. Vincent de Paul Society or Catholic Charities' Blessed Beginnings. Your parish may also have a Walking with Moms in Need team that is assisting families of infants and toddlers.

What if the mother contacting us wants to have an abortion?

On rare occasions, you may be contacted by a mother who is considering abortion or even has an abortion scheduled. Sometimes, the Gabriel Project will be contacted in error because the mother thought we provided these procedures. While abortion access is now limited in Texas, surrounding states still offer the procedure.

In such situations, it is important to remain calm and ask the Holy Spirit to guide you in your conversation with this mother. Above all, it is important to listen to her. Often, she is considering abortion because she feels she has no other options and is very anxious. Ask her about the life circumstances she feels make it impossible for her carry her child to term. Try to offer her options about how she might overcome those circumstances and information about help available. Generally, it is best to focus on her and her concerns about the obstacles she faces rather than on the baby in these discussions. Ask open-ended questions (rather than questions requiring a "yes/no" answer) about how she is feeling.

Many women in this situation feel tremendous pressure to deal with the situation quickly and "get it over with." It is important that a mother take time to consider this decision carefully. If she has not seen a doctor or obtained an ultrasound, suggest that she visit a pro-life pregnancy help center to obtain more information about her pregnancy and what she can expect. Always feel free to contact the Office of Pro-Life Activities with any questions about this topic. The Houston metro area is blessed to have a number of Pregnancy Help Centers, many of which have ultrasound equipment. Get to know the PHCs in your area in the event a mom needs this service.

What if mom is being pressured to abort?

Sometimes, you may be contacted by a woman whose family or significant other is pressuring her to abort her child. This is common where the mother herself is a minor, but also occurs in other circumstances. It is illegal for anyone to "force" or "require" anyone to have an abortion against their will. However, women often feel coerced to abort and many family members may mistakenly believe abortion is the best option for the mother.

There are various ways to handle this situation. Depending on circumstances, it may be appropriate to work with the mother and her family to come to a reconciliation of this situation. Your pastor or other clergy at the parish can be helpful in this regard. Because of

the sensitive nature of this situation and the large number of scenarios that may arise, please contact the Office of Pro-Life Activities with any questions or concerns.

What if mom is experiencing homelessness/has no place to stay?

Occasionally, a mother working with the Gabriel Project will come to the parish advising that she has nowhere to stay for the night due to domestic violence, lack of funds or other issues. While this is a rare occurrence, it is very difficult to secure safe, overnight accommodations at local domestic violence or other shelters on short notice.

We recommend that the Gabriel Project team discuss this potential scenario with the Pastor and other parish teams including Social Ministry, St. Vincent de Paul Society or similar groups. The parish may have resources to deal with this situation or your pastor may have a particular way he wishes this situation to be handled. It is a good idea to be prepared with potential solutions before – and in the unlikely event – this situation occurs.

What if a mom doesn't want to have a relationship with her Angel?

This is a frequent concern of Gabriel Angels and Coordinators. Our volunteers develop positive relationships with many of the women we work with. In many cases, mothers remain in contact with the Gabriel Project for years after the birth of their children. However, many other women are not seeking this type of mentorship and spiritual care.

Some of our mothers have experienced significant trauma and have difficulty trusting that Gabriel volunteers are sincere in wanting to help. That is okay. You are still able to offer your support, even if she is not ready to accept it fully. Provide the help your mom is willing to accept, continue to offer friendship and support, and keep her and her family in prayer.

It is a good idea, when first meeting with a mom, to outline the nature of the Gabriel Project to her. Sometimes women have heard only that the Gabriel Project provides material items and are unaware of the other services we provide. It is good to have these conversations and establish expectations for the relationship from the outset.

How do I handle questions about adoption?

While rare, a mother you work with may be interested in exploring an adoption plan for her child. If a mother would like to consider adoption or you have other questions, we recommend contacting [New Life Adoptions](#), located in Tomball, TX.

Adoption is a legal proceeding that is best handled through a licensed agency, so Gabriel volunteers should avoid offering advice about specifics of adoption processes. If mom is interested in adoption, suggest she ask those questions of a qualified adoption agency.

How should we handle suspicions of abuse, neglect or trafficking?

In most cases, you should do everything possible to maintain the confidentiality of the mother you are working with. An exception arises if you suspect a mother or someone in a minor's life of abusing or otherwise neglecting that minor. A person having cause to believe that a minor's physical or mental health or welfare has been adversely affected by abuse or neglect by any person shall immediately make a report. (Texas Family Code §261.101). The same requirement exists if the mother is herself a minor and there is suspicion of her being abused, neglected, or trafficked by other individuals (see Manual on Reporting Abuse, Neglect or Human Trafficking for more specific information). Reports should also be made if a mother is not a minor but is suspected of being a trafficking victim.

If abuse is suspected, immediately contact the Texas Department of Family & Protective Services to make a report at 1-800-252-5400, www.txabusehotline.org. If human trafficking is suspected, contact your local police department. Please advise your Pastor as well as the Office of Pro-Life Activities when such reports are made. If you suspect a minor or potential trafficking victim is in immediate danger, contact local law enforcement. Don't confront the (potential) abuser. Your report of child abuse or neglect is confidential and immune from civil or criminal liability so long as the report is made in good faith.

Part IV – Forms & Other Helpful Documents



Gabriel Telephone Intake Form

MUST BE COMPLETED FOR EACH CALLER

PROJECT GABRIEL Phone Intake Form for Volunteers

Date _____ Volunteer Name _____

Day of the Week: Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

Mother's Name _____ Mother's Age _____

Phone _____ Caller's Name (if not Mother) _____

Alt. Phone _____

Email _____

Address _____

City _____ State _____ ZIP _____

Religion _____

Church/Parish _____

Have you called GP before? Yes No

How did you hear about Project

Gabriel? _____

How far along are you in your pregnancy? _____

Are you: married single living with someone

Is the baby's father aware of your pregnancy? Yes No

Is he supportive? Yes No

Is your family aware of your pregnancy? Yes No

Are they supportive? Yes No

Do you have other children? Yes No

If yes, are they living with you? Yes No

If yes, how many children? _____ What are their ages? _____

Have you seen a doctor? Yes No

Insurance: Medicaid Medicare Private None

Are you considering abortion? Yes No

If yes, have you been to a clinic? Yes No

If so which one? _____

If considering abortion, have you had an ultrasound? _____

What is the best time to reach you? _____

May we leave a message? Yes No

Comments: _____

Caller will be referred to _____

Name

Phone

Parish

___ Contacted ___ left message to call us ___ no answer ___ call returned and info given

Follow up _____

Date

Volunteer Initials: _____

Comments: _____

Questions, call: Cathy McConn, Gabriel Project Coordinator 713-598-1675 or
Julie Fritsch Dumalet, Director of Pro-Life Activities Office 713-741-8728





Large Items for Gabriel Project® Safety Disclaimer

This new/used item _____ has been donated to help mothers in need with their Pregnancies. You should make an opportunity to inspect it because, in accepting it, you are relying on your own judgment about its condition and suitability for your needs. You should not rely on any effort of the Church to inspect it or otherwise to ensure that it is safe in the use to which you will put it. In other words, you are taking it “as is” and “at your own risk”, and without charge.

Item Number _____ Date _____

Signature _____

Name (caps) _____

Address _____ City _____

TX Zip _____

Telephone _____

Gabriel Coordinator _____

Parish _____

Administration at Parish:

- All Large Items must be numbered on receipt.
- The number of the Item must be noted on the Safety Disclaimer release Form
- Give a copy to Mom and also the Parish Gabriel
- These records must be kept for a long time

Advertising Resources

Gabriel Project Resources

Brochures are an informational tool designed to outline the major aspects of the Gabriel Project. For copies, call the Office of Pro-Life Activities 713-741-8728. Brochures are available for both mothers in need and as a tool to recruit volunteers to your parish Gabriel Project. Brochures can be requested in English and Spanish.

Gabriel Project Signs of Life to display in front of the parish are available from **Publicom Graphics** (formerly known as Mercury Signs & Display Inc.), 6424 Deihl, Houston, TX. 77092, 713-462-1068, FAX 713-462-1934, website: www.publicomgraphics.us. The Parish orders and pays for the signs. The sign should be in both English and Spanish

Gabriel Project Resource Manual provides essential material to help the Gabriel and Respect Life Coordinators in doing their apostolate. This resource is available to Gabriel Project Coordinators at the Archdiocesan website.

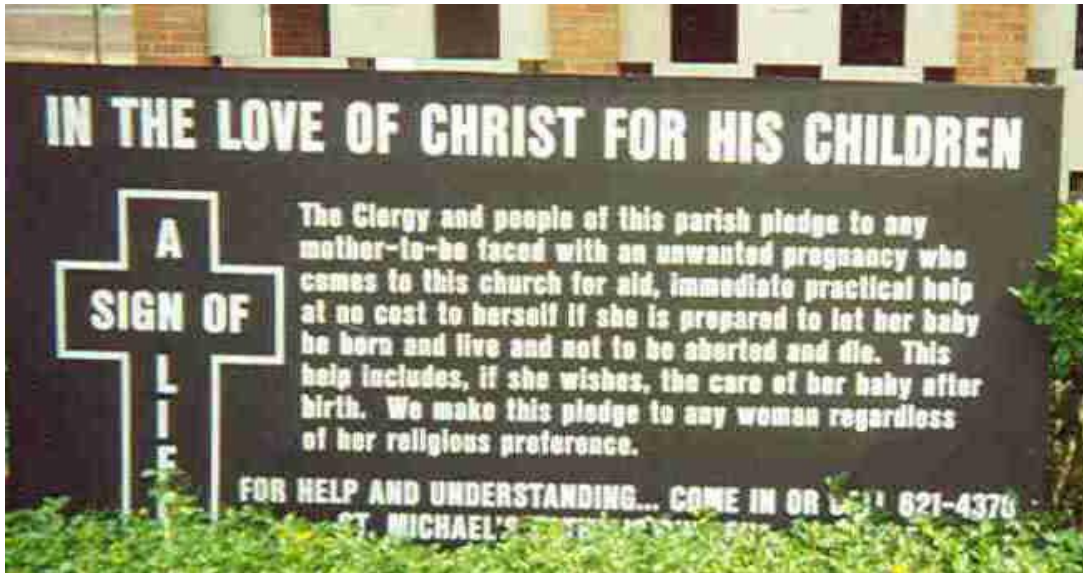
Hosting a Parish Baby Shower

Many parishes hold baby showers or diaper drives each several times annually. This is a great way to get the entire parish involved with the Gabriel Project ministry and to raise awareness. Some ideas for getting started include:

- Consult your pastor or parish administrator to determine an appropriate weekend to host the shower. Possible time frames to consider are October (Respect Life Month), January (the anniversary of *Roe v. Wade*), or the months of May and June (Mother's and Father's Days). June is also the anniversary of the recent *Dobbs v. Jackson Women's Health* decision and this may also be an appropriate time to raise parish awareness.
- Advise other parish ministries of the Shower and ask them to advertise it to their members. Inform Mom's or Women's groups, Knights of Columbus or Knights of Peter Claver chapters and youth and seniors groups.
- Advertise the shower at least a month in advance in the parish bulletin, parish website and on social media. Ask your pastor to make a pulpit announcement about the event.
- Inform parishioners about what items are needed in your advertising. The most-needed donations tend to be more expensive items (such as car seats and cribs) or items that are used quickly (diapers and wipes). Encourage parishioners to donate gift cards so you can purchase necessary items without the need to find storage at the parish.

History of The Gabriel Project

Following the *Roe v. Wade* decision of the Supreme Court, legalizing abortion in all 50 States, the late Rev. Msgr. John Perusina of St. Michael Catholic Church put a sign outside the rectory pledging to help pregnant women in crisis desiring to choose life.



This was the beginning of the Gabriel Project. In 1990, Cathy McConn from St. Cecilia Catholic Church in Houston and Rex Moses from the Diocese of Corpus Christi sought to expand Msgr. Perusina's vision and helped develop the Gabriel Project throughout the Galveston-Houston and Corpus Christi dioceses.

The Gabriel Project has spread to numerous dioceses throughout the U.S., Canada and Central America. May God continue to bless the Gabriel apostolate.

Index

A		ESL	19
Abortion		GED	18
Mom considering an abortion.....	25	Employment	
Pregnant Minor	25	Job Training	19
Procedures & Complications	21	F	
Abuse	See Domestic Violence	Frequently Asked Questions	24
Adoption		G	
Questions about	26	Gabriel Project	
Referrals	17	History	34
Advertising		Initiating	4
Brochure & Sign	32	Mission Statement	4
Procedures	4	H	
After Pregnancy Help		Healthcare	20
Residential & Counseling program.....	12	Housing	11
B		Homeless Mom.....	26
Baby Items		Human Trafficking	23, 27
Gently Used Items	9	I	
Resale Store.....	13	Intake	
Resources	8	Form	29
St. Vincent de Paul Conferences	14	Procedures.....	6
St. Vincent de Paul Society	13	L	
Baby Shower		Legal Services	18
Fundraising.....	8	Immigration	18
Hosting	33	O	
Ch		Online Intake Form.....	6
CHIP.....	20	Outreach Coordinator	6
C		P	
Contacts	10	Parish Ministries.....	8
Counseling.....	15	Prayer	7, 8
D		Prayer book for moms	32
Domestic Violence		Pregnancy Tests (free).....	12, 21
Emergency shelter.....	12	R	
Reporting.....	27	Refugees.....	18
Resources	17	Rental Assistance	20
Donation Coordinator	6	Reporting Abuse.....	22
E		Reporting Abuse of a Minor	23
Early Pregnancy Help	24	Reporting Sexual Abuse of a Minor.....	23
Education			
Adult Basic Education.....	19		

S

Safe Environment Training..... 6
Safety
 Contact with Moms..... 9
Safety Disclaimer Form 31
San Jose Clinic 21
Shelter See Housing
SNAP..... 20
Substance Abuse
 Housing 11
 Treatment and Counseling..... 16
Suicide prevention 16

T

TANF 20
Trafficking Victims 18

V

Volunteering
 Annual Meetings 8
 Coordinators & Angels..... 5
 VIRTUS training..... 6

W

WIC..... 19