

### Criteria

1. The conference, seminar, colloquium, course, training, event, or in-service must have been directed toward the individual as an adult learner.
  - a. That is, the individual must have been the intended recipient of the formation, not an adult serving as a team member for formation directed to others.
  - b. Formation of some sort must have been the primary focus and intention of the experience. Experiences that have as a primary purpose planning, team-building, praying, or administration are not generally eligible.
2. The conference, seminar, colloquium, course, training, event, or in-service must have furthered the individual's formation, knowledge, or understanding in one of the following 3 key areas: theology, catechetical methodology, spirituality.
  - a. Theological formation should be at or above the level of formation previously undertaken so that it truly furthers or deepens one's level of understanding.
  - b. Catechetical methodology can be considered very broadly. This includes, but is not limited to, the areas specifically mentioned by the Catechetical Directory: "psychology, sociology, pedagogy, the sciences of education, formation, and communication" (no. 146).
  - c. Formation focused on an individual's own personal spiritual formation should meet the criteria for OEC Prayer credit.
3. Liturgical and devotional prayer experiences that are connected to and integrated into a holistic experience may be counted. Gatherings whose primary purpose or in which the majority of the time is spent in liturgical or devotional prayer are generally not eligible.
4. For experiences lasting five or more continuous hours in a single day, one meal break may be included within the time credited. Other breaks of longer than 15 minutes for meals, fellowship, recreation, or other similar activities are deducted from the overall time credited.

### Examples

Examples of items generally accepted	Examples of items generally <u>not</u> accepted
An in-service on how to use a new catechetical resource	A family formation day at which the individual is a catechist or team member
Small group book study of a book on a theological topic	Small group faith sharing
An adult faith formation speaker series	Opening of the school or catechetical year mass
Workshop presenting new craft ideas for elementary age children and the lessons that can be learned from them	Meeting to plan how registration is going to happen this year
A parish event that begins and ends with prayer but the bulk of which is spent on presentations and guided reflection time	A planning day to set the calendar for the coming year
The presentation time only at an evening event with mass, cocktail hour, and dinner at/after which a speaker gives a brief presentation	The total time for an evening event with mass, cocktail hour, and dinner at/after which a speaker gives a brief presentation

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Document Name: CriteriaExternalTrainingOECElectiveEng.docx  
Document ID: OEC-CAT-EXTERNALOECELEC-ENG-DOC-01  
Version Date: July 13, 2023

