The Truth About Downsizing & Decluttering: Why Start Now?
A Little About Us

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Downsizing & Decluttering

Clutter: Verb
To fill or cover with scattered or disordered things that impede movement or reduce effectiveness

Clutter: Noun
A: Crowded or confused mass or collection
B: Things that clutter a place
the life-changing magic of tidying up
marie kondo
the life-changing magic of tidying up
marie kondo

• Over 9MM copies sold
• Billion $$$ industry
• konmarie method
  – Tidying up
    » The key to success in tidying is to finish discarding first.” Marie Kondo
• Discard – but how???
Declutter – where did it go?
Declutter – where did it go?
Downsize: Verb
To relocate from a larger space to a smaller one.
To reduce excess personal accumulation due to a reduction in available space.

Rightsize. Simplify. Move
Do I have to declutter before I downsize?

IT DEPENDS –

1. When do you want to downsize?
2. Are you comfortable in your current space until then?
3. How much control do you want over the process?
How do you eat an elephant?
One bite at a time

Young adult – “piece of cake” call the friends
How do you eat an elephant?
One bite at a time

Middle Adult – “this is why they invented Ibuprofen”
How do you eat an elephant?
One bite at a time

Later in life / early retirement – “Let’s call a mover. It’s worth the money.”
How do you eat an elephant?
One bite at a time

Older Adults—“Just leave it for the kids, let them...
Liz: Please tell me, what is making you think about downsizing and moving at this time?

CHOICE

IE: Right now, we’re capable of managing it ourselves. We don’t want to wait until one of us is sick or grieving.
CHOICE

- Time to mourn, celebrate, & reminisce
- Reduces decision fatigue
- Appeases your social conscience
- Empowerment
WHEN SHOULD I DECLUTTER?

IT DEPENDS –

1. When do you want to downsize?
2. Are you comfortable in your current space until then?
3. How much control do you want over the process?
How do I discard?

GIFT

DONATE
Donate Here!

TRASH

SELL

ESTATE SALE
Who Can Help?

- Friends & Family
- Books and blogs
- Professional Organizers
- Professional Move Managers
- Professional Estate Liquidator
Movers - $100 to $150 per hour for local move
Estate Liquidators – 35% to 50%
Move Managers – $950 to $5,000
Downsizing Mistakes

1. Doing it yourself
2. Rushing the process
3. Letting family help, instead of using professionals
4. Taking too much stuff with you
5. Spending too much time sorting
6. Selling home without new place to move
7. Moving stuff to storage
8. Holding a garage sale
9. Expecting a high return on personal items sold
10. Moving during a crisis
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