



Formation Cycle A

Unit 1: Who is Jesus Christ?

Theme 1 – The Holy Trinity and the Three Great Truths of the Kerygma

EQ: How does the Holy Trinity reveal Kerygma to me?

Theme 2 – Sacred Scripture: God's Self-Revelation

EQ: How do I know the Bible is God's self-revelation?

Theme 3 – The Paschal Mystery: The Fullness of God's Self-Revelation

EQ: Why is the Paschal Mystery considered the fullness of God's self-revelation?

Theme 4 – The Blessed Virgin Mary: Our Pathway to Knowing Jesus

EQ: Why does understanding Mary's role help me to know Jesus Christ?

Unit 2: How do we come to know and love Jesus Christ?

Theme 5 – Praying as Jesus Taught Us to Pray

EQ: What does the *Our Father* teach me about the intimacy of prayer?

Theme 6 – Sacraments as Intimate and Personal Encounters

EQ: How do the sacraments help me to know Jesus Christ more intimately?

Theme 7 – The Mass as an Intimate Encounter with Jesus Christ

EQ: In what ways do I encounter the person of Jesus Christ in the Mass?

Theme 8 – The Catholic Church Reveals Jesus Christ to Us

EQ: How do I come to know Jesus Christ through the Catholic Church?

Unit 3: How do we come to know and love Jesus Christ?

Theme 9 – Sin and Saving Grace

EQ: How does God's grace help me to overcome sin and evil?

Theme 10 – The Holy Trinity Teaches Us the Path to Freedom

EQ: How does the Holy Trinity help me to live a true life of freedom?

Theme 11 – Jesus Christ and the Works of Mercy

EQ: Why are the works of mercy an essential part of Christian discipleship?

Theme 12 – Jesus Christ Reveals the Truth to Us

EQ: Why is the concept of objective truth essential to living an authentic moral life?

Unit 4 – How do we become missionary disciples of Jesus Christ?

Theme 13 – The Marks of a Christian Disciple

EQ: What is required of me to live as an authentic disciple of Jesus Christ?

Theme 14 – Living as a Missionary Disciple

EQ: How do I as a Christian share in the mission of Jesus Christ?

Theme 15 – Vocation: Universal and Personal

EQ: How is my vocation rooted in my relationship with Jesus Christ?

Theme 16 – Community, Belonging, and Discipleship

EQ: How does the Christian community impact my personal discipleship?

Formation Cycle B

Unit 1 – Who is Jesus Christ?

Theme 1 – The Holy Trinity and the Call for Unity and Communion

EQ: How does the Holy Trinity connect me to God and community?

Theme 2 – Sacred Scripture and Sacred Tradition

EQ: How do I know that the revelation of God in Scripture and Tradition is authentic and true?

Theme 3 – The Pascal Mystery and the Intimacy of the Eucharist

EQ: How does God reveal himself to me through the Pascal Mystery and the Eucharistic celebration of the Mass?

Theme 4 – The Blessed Virgin Mary: Our Model for Discipleship

EQ: How is Mary's role in salvation history a model for discipleship?

Unit 2 – How do we come to know and love Jesus Christ?

Theme 5 – The Intimacy of Prayer

EQ: How do I grow in my intimacy with God through prayer?

Theme 6 – Sacraments Reveal God, the Father’s Heart

EQ: In what ways do the sacraments reveal to me the heart of God, the Father?

Theme 7 – Full, Conscious, and Active Participation in the Mass

EQ: How does actively participating in the Mass help me to know, love, and serve Jesus Christ better?

Theme 8 – The Catholic Church Reveals Jesus Christ to the World

EQ: How does the Catholic Church reveal Jesus Christ to the world?

Unit 3 – How does Jesus Christ teach us to live a moral (holy) life?

Theme 9 – Jesus Instructs Us in Virtue

EQ: How do virtues help me live a holier life?

Theme 10 – Jesus Reveals the Connection between Morality and Happiness

EQ: How do the Beatitudes help me to live a happier, more fulfilling life?

Theme 11 – Jesus Models Sacrificial Service

EQ: How is service to others related to the sacrifice of Jesus Christ?

Theme 12 – Jesus Reveals the Depths of Human Sexuality

EQ: How do I embrace and live out a healthy and authentic view of human sexuality?

Unit 4 – How do we become missionary disciples of Jesus Christ?

Theme 13 – Moving From a Disciple to an Apostle

EQ: How do I move from being a disciple to an apostle of Jesus Christ?

Theme 14 – Living as a Missionary Church

EQ: How can I as a member of the Catholic Church joyfully proclaim the Gospel of Jesus Christ?

Theme 15 – Vocation and Discernment

EQ: What must I keep in mind when discerning my vocation?

Theme 16 – Family and Discipleship

EQ: How does the Christian family impact my personal discipleship?

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Document Name: OACurriculumThemesAndEQ.docx
Document ID: OACE-OACR-PILOTTRAIN-ENG-DOC-01-02
Version Date: July 7, 2020

