



FOSTERING A SPIRITUALITY  
OF COMMUNION  
ARCHDIOCESE OF GALVESTON-HOUSTON PASTORAL PLAN 

## A Spirituality of Communion Prayer

**O** Heavenly Father, you have filled my heart with your love by allowing me to be in communion with you through the mystery of our Lord Jesus Christ and the power of the Holy Spirit.

Open my eyes so that I can see your light shining in the faces of the brothers and sisters around me.

Give me the ability to think of my brothers and sisters as members of the Mystical Body. Help me to be able to share their joys and sufferings, to sense their desires and needs, and to offer them deep and genuine friendship.

Grant me the grace to see what is positive in others, to welcome it and prize it as a gift from you.

Teach me to know how to “make room” in my heart for my brothers and sisters, and how to resist the selfish temptations of competition, distrust and jealousy.

Give me the courage to follow the path of union with you, so that through the power of your Holy Spirit, my heart may be changed from a selfish and self-centered heart to one that is generous, capable of opening widely for all my brothers and sisters.

Help me live my faith by daily responding to your call in my everyday activities.

Help me share my faith by helping others and by dialoguing with those of other faiths.

Help me to nurture my own faith and to commit to lifelong formation through my relationship with others in the Holy Spirit.

Grant to us here in the Archdiocese the gift of union with one another, so that through your Holy Spirit, this local Church may be transformed into your true kingdom on earth. Amen.