



# Greater Houston Healthy Marriage Coalition

[www.houstonmarriage.org](http://www.houstonmarriage.org)



## December 2010

### Why Should YOU Attend a Marriage Education Workshop?

Many people are under the false assumption that marriage programs are only for those in trouble. The truth is, every marriage needs maintenance. It is difficult to keep anything in good working order without upkeep. Yet somehow, we think our marriage will maintain itself.

Just as your car gets a tune-up and people get physical checkups, a marriage needs an annual tune-up also. Making your marriage your first priority takes time and energy. A weekly date is vital to keeping love alive and thriving, as our relationships need nurturing. We feed and water plants, but somehow we expect a marriage relationship to grow without any special care.

Every married person needs to ask the question, "What have I done for my marriage today?" It is a challenge to become the best spouse you can be. Taking time every year to learn new things about your relationship is essential to a healthy marriage.

Women often say they would love to attend a marriage workshop but cannot get their husband to attend. The truth is, each person in the marriage must be willing to give 100 percent to the relationship. Attending a marriage workshop *together* will help each partner to become a better spouse. A good marriage will get even better.

Perhaps you could gather several other couples and sign up together for a marriage workshop. This could be a fun date for all the couples. Spending time with your spouse and discovering new things will deepen your good relationship.

Marriage enrichment is just that — it will make your marriage richer. Having fun together and attending events helps to build your sense of togetherness. Most weddings do not come with a marriage manual. Enrichment is essential to keep love alive and maintain our marriage.

To learn more about the FREE workshops in the Houston area, see the reverse side of this flyer. Find a workshop that works for you and call Yanira Montes to register at 713-867-7764. Show this flyer to your spouse and decide to attend a workshop together. You will be glad that you did and it will help you answer the question "What have I done for my marriage today?"

Source: <http://www.courierpress.com/news/2010/oct/03/challenge-is-to-be-best-spouse-you-can/>

The Greater Houston Healthy Marriage Coalition's mission is to foster the development of healthy marriages in the greater Houston area. The organization's vision is "healthy relationships creating healthy communities." The coalition is open to any organization or individual who believes in promoting healthy relationships.

To join the Coalition, contact (713) 867-7770 or [agreeen@familyservices.org](mailto:agreeen@familyservices.org)

### ORGANIZATION MEMBERS:

Alliance for Multicultural Community Services  
American Education Services  
Archdiocese of Galveston-Houston,  
Family Life Ministry  
Asian American Family Services  
AVANCE Houston  
Baylor College of Medicine Teen Health Clinic  
Bible Way Fellowship Baptist Church  
Boat People SOS  
Brentwood Baptist Church  
The Bridge Across (for Stepfamilies  
& Single Parents)  
Brothers Support Service Alliance  
Buffalo Tree Family Services  
Caleb Spirit Marriage Mentoring & Support  
Catholic Charities  
Center for Family Wholeness  
Centro Familiar Cristiano  
Change HAPPENS!  
Chews Wellness, Inc.  
Childbuilders  
Chinese Christian Herald Crusades Inc.  
Christ Apostolic Church Revival Center  
Christus Community Health Ministries  
City of Refuge Evangelical  
Presbyterian Church  
The Clearing  
Community Family Centers  
Connecting Marriages, LLC  
Cornerstone Marriage & Family Ministries  
Counseling Connections for Change, LLC  
Counseling Resource Center  
Cross Creek Counseling Center  
Cy-Fair Christian Church  
Dallas Ferguson Counseling Services  
DePelchin Children's Center  
Eagle Enterprises  
Eagle King Interventions  
El Camino Counseling  
Family Services of Greater Houston  
Fresh Start  
Gulf Coast Community Services Association  
Harris County Domestic Violence  
Coordinating Council  
Harris County Juvenile Probation Dept.  
Harris County Systems of Hope  
Healthy Family Initiatives  
Hiller & Associates, P.C.  
Home Encouragement  
Horizon Intergenerational Wellness Coalition  
Houston Area Women's Center  
Houston Center for Christian Counseling



# FREE Couples Communication Workshops

A \$20 refundable deposit reserves your space.

Workshops are held at various locations in the greater Houston area.

Workshops are open to all couples, regardless of faith or religious affiliation.

Couples with children 12 and under may qualify for a stipend to offset the cost of childcare.

These workshops are for dating, engaged and married couples, unless specified.

## English-Speaking Couples

*For married couples*

**December 11, 2010**

8:30 a.m. to 5:00 p.m.

Bammel Rd. Church of Christ  
2700 FM 1960 Rd. West  
Houston, TX 77068

*To register for this workshop, please call  
(713) 867-7764.*

## Muslim Couples Workshop

*For married couples*

**January 22, 2011**

9:00 a.m. to 6:00 p.m.

ISGH – Northwest Community Hall  
1209 Conrad Sauer  
Houston, TX 77043

*This is a couples' communication workshop designed for  
the Muslim community.*

*To register for this workshop, please call  
(713) 867-7764.*



## African American Couples

*For married couples*

**January 23, 2011**

8:30 a.m. to 5:00 p.m.

Fondren Southwest Seventh-day Adventist Church  
7950 W. Fuqua Dr.  
Missouri City, TX 77489

*To register for this workshop, please call (713) 867-7764.*

### ORGANIZATION MEMBERS: (CONTINUED)

- Interface-Samaritan Counseling Centers
- Intimate Life Ministries
- Jersey Village Baptist Church
- Jewish Family Service
- La Rosa Family Services
- Light & Salt Association
- Lupaul Human Development Agency
- M.A.D.E. Services, Inc.
- Memorial Bible Institute
- Memorial Drive Presbyterian Church
- Montgomery County Women's Center
- Multi-Ethnic Community Center
- National Council of Jewish Women
- Northside Family Ministries
- Positive Perspective Mentors & Educational Services (PPMES)
- Prince of Peace Catholic Community
- Progressive Counseling & Consulting, LLC
- The Promise Church
- R. Jackson Counseling Associates
- Rapha Ministries
- Seeds of Love and Hope
- Shield-Bearer Counseling Centers
- Smalley Marriage and Family Center
- Somali Bantu Community of Greater Houston
- The Source for Women of Houston
- Spaulding for Children
- St. Agnes Church
- SUNNY FUTURES Healthy Start
- Ten Ten Ministries
- Texas Association of Partners in Education
- Texas Child and Family Institute
- Triada International
- United Way of Greater Houston
- Weddings Without Walls
- William Smith, Sr.,
- Tri-County Child Development Council, Inc.
- Vietnamese-American Family Support Services (VAFSS)
- Williams Trace Baptist Church
- Windsor Village United Methodist Church
- YMCA International Services

### Board Members:

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- Riva Okonkwo, Vice Chair
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