
Today's date Weekend choice
I'm interested in making a *Beginning Experience* weekend.

Name Male Female

Address

City/State/Zip

Home phone Work phone

Cellular phone

E-mail

Religious affiliation/Parish

How long were you married? How long have you been single?
 Separated Divorced Widowed

Age group: 20-29 30-39 40-49 50-59 60+

Number/ages of children

How did you hear about the *Beginning Experience* weekend?

What do you hope to gain from the weekend?

In case of emergency, please notify:

Name/relationship

Phone numbers

This application form and your \$50 nonrefundable deposit payable to "Beginning Experience of Houston" should be received two weeks before the weekend.

Beginning Experience® in Houston



Location of weekends:
St. Dominic Retreat Center
2401 East Holcombe
Houston, Texas 77021

Participants are asked to make a donation of \$295* which includes the program, program materials, lodging for two nights, five meals and a followup reunion event. The application and a nonrefundable \$50 deposit applied to the total amount must be received two weeks prior to the weekend. Send to:

Beginning Experience
P.O. Box 279
Pearland, TX 77588

For more information, contact:

Beginning Experience phone line(713) 440-3440
E-mail beinfohouston@yahoo.com
Diocese of Galveston-Houston..... www.diogh.org
Family Life Ministry(713) 741-8730
Web site www.beginningexperience.org



*Prices are subject to change

Widowed • Separated • Divorced

**Help for the heartache
of finding yourself
alone again.**

BEGINNING EXPERIENCE®



*A weekend
away for
a lifetime
of change.*



The pain of loss

The loss of a loved one through separation, divorce, or death is one of life's most traumatic experiences. It can result in nearly unbearable feelings of loneliness and grief.

Many people who have suffered this loss feel left out by their church, uneasy around married friends, unsure of themselves and uncertain about their futures.

Hope for a new beginning

The *Beginning Experience* weekend program helps grieving single-again persons emerge from the darkness of grief into the light of a new beginning, and move into the future with renewed hope. The program helps deal with the natural grief process and offers an opportunity, through God, for turning the pain of loss into an experience of positive growth.

Founded by a Catholic nun and rooted in the Christian tradition, the ministry's open, ecumenical spirit serves those of all faiths.

Experience of community

From Friday evening through Sunday afternoon, the *Beginning Experience* program is presented by a team of people who have suffered the loss of a loved one and are willing to share their own experience to help others.

Team members lead participants through a program of presentations, personal private reflection, and small group sharing. A sense of community develops in an atmosphere of care and concern that is a hallmark of each *Beginning Experience* weekend.

Who should attend

The *Beginning Experience* weekend is designed to be a time of closure on the past and renewed hope for the future. Those who come should be beyond the initial feelings of anger and despair which usually follow the loss of a loved one. They should be at the point of wanting a new beginning and ready to work to make that desire a reality.

Once the application for the weekend is received, someone is available to help each person determine his or her readiness for the program.

What participants say

"I was nervous about going to the Beginning Experience, but I'm glad I did. I feel more alive than I have in years."

"...my first step out of grief and self pity. I took a fresh look at the choices I have now to make my life a good one."

"I found people all around who accepted me without judgment and cared for me."

"It was a time just for me, to explore where I've been in my life and where I'm going."

"I have so much more energy now for my children and my job."

"...worth every dollar and many more. It was the best gift I ever gave myself."

The results

Those who've attended the weekend program report:

- Increased emotional health and self respect
- New skills to deal with the pain of loss
- Healthier family relationships
- Renewed energy to be more effective parents, return to their church, and improve the standard of living for themselves and their families.

The invitation

Whether you choose to attend the *Beginning Experience* weekend only, or in addition to other support for the single again, the program's invitational process offers the opportunity to move toward a new beginning in life. Its quality and effectiveness are well documented.

- Developed by respected professionals in grief psychology, ministry, education and organizational process, the program is both psychologically and spiritually sound.
- The ministry has been honored by the North American Conference of Separated and Divorced Catholics and the National Association of Catholic Family Life Ministers, participated in the International Conference for the World Federation for Mental Health in Ireland, and addressed the Australian government's Year of the Family Congress.
- To ensure the integrity of the copyrighted program, the Beginning Experience International Ministry Center periodically certifies 120 peer ministry teams worldwide to present the program.

BEGINNING EXPERIENCE®
866.610.8877
www.beginningexperience.org