



## Principal Life and MinuteClinic

# A Health-Care Option for People on the Go

Thanks to our affiliation with MinuteClinic, you now have convenient in-network access to quality health care when you need it most.

### What is MinuteClinic?

MinuteClinic, the pioneer and largest provider of retail health care in the United States, operates more than 500 clinics in 25 states – about four times the number of clinics in twice the number of states as its nearest competitor. Its centers are staffed by board-certified practitioners who are trained to diagnose, treat and write prescriptions (when clinically appropriate) for common family illnesses, such as strep throat and ear, eye, sinus, bladder and bronchial infections. Review the treatments and services below.

### Why choose MinuteClinic?

MinuteClinic is conveniently located inside select CVS/pharmacy stores in your area, and no appointment is ever needed. MinuteClinic is open seven days a week, including evenings, and visits take around 15 minutes. Your in-network level of benefits applies.

### Where is MinuteClinic?

To find a location, or for hours or driving directions, please visit [www.minuteclinic.com](http://www.minuteclinic.com).

## MinuteClinic Treatments & Services

#### Common Illnesses:

- Allergies (ages 6+)
- Bladder Infections (female, age 12-65)
- Bronchitis (ages 10-65)
- Ear infections
- Pinkeye and sties
- Sinus infections (ages 5+)
- Strep throat
- Swimmer's ear

#### Skin Conditions:

- Athlete's foot
- Cold sores
- Deer tick bites (ages 12+)
- Impetigo
- Minor burns

- Minor skin infections & rashes
- Minor sunburn
- Poison ivy (ages 3+)
- Ringworm
- Shingles treatment
- Wart removal (ages 5+)

#### Vaccines:

- DTaP, Td, Tdap (Diphtheria, Tetanus, Pertussis)
- Flu (seasonal)
- Hepatitis A & B
- Meningitis
- MMR (Measles, Mumps, Rubella)
- Pneumonia
- Polio (IPV)

#### Wellness & Prevention\*:

- Camp physicals
- Health-screening package (Screenings also available individually)  
Cholesterol screening, diabetes screening, hypertension screening, obesity screening
- Smoking-cessation program

#### Additional Services:

- Ear-wax removal
- Flu diagnosis (ages 10-65)
- Mononucleosis
- Pregnancy testing
- Suture removal

\*Available in most areas.



WE'LL GIVE YOU AN EDGE®

Principal Life Insurance Company, Des Moines, Iowa 50392-0002, [www.principal.com](http://www.principal.com)

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