



Greater Houston Healthy Marriage Coalition

www.houstonmarriage.org



Celebrate Your Love

When your relationship started, you no doubt felt euphoric about the future and all of the possibilities that lay ahead. Unfortunately, as we get used to our relationships, they often become part of the “daily routine”. Let this Valentine’s Day inspire you to do something out of the ordinary. Here are some ideas for celebrating your love on that special day or any day.

- 1. Tell them you love them** – But be creative about it. Share some of the things that are unique about them and let them know how wonderful it is to be married to someone with their special qualities.
- 2. Talk about the future** – Visualize your future together, but avoid the usual topics. Dream up romantic plans and make them happen.
- 3. Toast each other and your relationship** – It’s important to recognize the other person’s successes because you love them and want the best for them. It’s equally important to toast your relationship and everything you have experienced together. Celebrate often, have as many “anniversaries” a year as you’d like.
- 4. Have your picture taken** – Sure you have a lot of pictures from the years you were dating or with your kids. Have a professional picture taken of just the two of you as a visual reminder of the love you share.
- 5. Walk arm-in-arm or hold hands** – Physical expressions of affection come in many varieties but are some of the best perks of a loving partnership. This not only keeps you bonded physically but helps strengthen your emotional bond, as well.
- 6. Start a hobby** – Take up something you can learn together and do together as you get older.
- 7. Create a handwritten card** – It’s easy to buy a card that closely mirrors what you feel – challenge yourself to create one. Bring out your inner poet and inner artist. Do it more often by dropping notes in your loved one’s wallet or purse.

To celebrate your love and strengthen your communication skills, attend one of our FREE workshops on the reverse side of this flyer. To register, please call Yanira Montes at 713-867-7764.

Source: <http://lifestyle.msn.com/relationships/articleindex.aspx>

February 2009

ORGANIZATION MEMBERS:

Abstinence America
Alliance for Multicultural Community Services
Archdiocese of Galveston-Houston,
Family Life Ministry
Asian American Family Services
AVANCE Houston
Baylor College of Medicine Teen Health Clinic
Bible Way Fellowship Baptist Church
Boat People SOS
Brentwood Baptist Church
The Bridge Across (for Stepfamilies
& Single Parents)
Brothers Support Service Alliance
Caleb Spirit Marriage Mentoring & Support
Catholic Charities
Center for Family Wholeness
Centro Familiar Cristiano
Chews Wellness, Inc.
Childbuilders
Chinese Christian Herald Crusades Inc.
Christus Community Health Ministries
City of Refuge Evangelical
Presbyterian Church
Community Family Centers
Connecting Marriages, LLC
Cornerstone Marriage & Family Ministries
Counseling Connections for Change, LLC
Counseling Resource Center
Cross Creek Counseling Center
Cy-Fair Christian Church
Dallas Ferguson Counseling Services
DePelchin Children’s Center
Eagle Enterprises
Eagle King Interventions
El Camino Counseling
Families Under Urban & Social Attack, Inc.
Family Services of Greater Houston
Fresh Start
Gulf Coast Community Services Association
Harris County Domestic Violence
Coordinating Council



The Greater Houston Healthy Marriage Coalition’s mission is to foster the development of healthy marriages in the greater Houston area. The organization’s vision is “healthy relationships creating healthy communities”. The Coalition is open to any organization or individual who believes in promoting healthy relationships. To join the Coalition, contact (713) 867-7770 or agreen@familyservices.org.

Free Couples Communication Workshops

A \$20 refundable deposit reserves your space.

Workshops are held at various locations in the Greater Houston area.

Workshops are open to all couples, regardless of faith or religious affiliation.

Financial assistance is available for childcare expenses for children 12 and under.

These workshops are for dating, engaged and married couples.



Spanish-Speaking Couples

en español

February 22, 2009

8:30 a.m. to 4:30 p.m.

St. Augustine Catholic Church

5560 Laurel Creek Way

Houston, TX 77017

March 21, 2009

8:30 a.m. to 4:30 p.m.

St. Laurence Catholic Church

2630 Austin Pkwy

Sugar Land, TX 77479



English-Speaking Couples

February 21, 2009

9:00 a.m. to 5:00 p.m.

St. Augustine Catholic Church

5560 Laurel Creek Way

Houston, TX 77017

February 28, 2009

8:00 a.m. to 5:00 p.m.

Montgomery County United Way

1600 Lake Front Circle

The Woodlands, TX 77387

SAVE THE DATE!

Relationship Workshops:

Saturday, March 21, 2009

at

Various Houston Locations

Black Marriage Day:

Sunday, March 22, 2009

Black Marriage & Bridal Fair:

Saturday, March 28, 2009

at

The Power Center

12401 South Post Oak Rd.

Houston, TX 77045

ORGANIZATION MEMBERS:

(CONTINUED)

Harris County Juvenile Probation Dept.

Harris County Systems of Hope

Healthy Family Initiatives

Hiller & Associates, P.C.

Home Encouragement

Horizon Intergenerational Wellness Coalition

Houston Area Women's Center

Interface-Samaritan Counseling Centers

Jersey Village Baptist Church

Jewish Family Service

La Rosa Family Services

Light & Salt Association

Lupaul Human Development Agency

M.A.D.E. Services, Inc.

Memorial Bible Institute

Memorial Drive Presbyterian Church

Montgomery County Women's Center

Multi-Ethnic Community Center

National Council of Jewish Women

Northside Family Ministries

Prince of Peace Catholic Community

Progressive Counseling & Consulting, LLC

The Promise Church

R. Jackson Counseling Associates

Rapha Ministries

Seeds of Love and Hope

Shield-Bearer Counseling Centers

Smalley Marriage and Family Center

Somali Bantu Community of Greater Houston

The Source for Women of Houston

Spaulding for Children

St. Agnes Church

SUNNY FUTURES HEALTHY START

Ten Ten Ministries

Texas Association of Partners in Education

Triada International

United Way of Greater Houston

Weddings Without Walls

William Smith, Sr.,
Tri-County Child Development Council, Inc.

Williams Trace Baptist Church

Windsor Village United Methodist Church

YMCA International Services

For information or to register for an event, call Yanira Montes at (713) 867-7764.

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